

AFTER CARE

Week 1

Days 1 & 2 The most crucial stage!

The first 48 hours after your tattoo are the most important, here's what to do to get off to a good start

- Remove the film from the tattooist Make sure to clean your hands first!
- Use unscented antibacterial soap and warm water to give it a wash
- Air dry or gently pat (don't rub) with kitchen roll
- Apply a very thin layer of healing ointment, your tattooist will have suggested what's good to use
- Clean your "weeping" tattoo a few times a day, don't let it fester!

Days 3 & 4 It'll still be sore, but it's on the mend!

The weeping will have slowed down now and in some cases may have stopped, keep applying the healing ointment though.

Days 5 – 7 It should be starting to get scabbed over Don't panic, this a perfectly normal part of the healing process!

- Apply a thin layer of unscented moisturiser this will help the skin to heal
- Don't pick or pull the scabs off (it will damage the tattoo)
- Avoid wearing any clothing that could rub and get caught on the scabs

Week 2

Itching like crazy!

- Moisturise regularly
- Apply a cold compress
- Tap or pat the itchy spot
- **DON'T SCRATCH OR PICK THE SCABS!**

Weeks 3 & 4

The home run!

The skin surface should heal within this week but underneath full recovery may take a couple more months. The itch will still be there but just follow the steps from last week and all will be well.

DON'T FORGET TO MOISTURISE REGULARLY!

DON'T EXPOSE YOUR NEW TATTOO TO SUNLIGHT OR TANNING BEDS IT WILL CAUSE IT TO FADE!

If you have any concerns give us a call